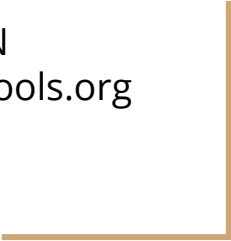




# Health Office

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# Medications at School

\*Anything with an active ingredient (Vaseline, body lotion, bug spray, sunscreen, cough drops, etc) counts as a medication and CANNOT be given without an order from your child's health care provider

\*Parental consent needed with **MD/NP/PA order**

\*DO NOT send medications in with your child, please have an adult bring them to the school

\*You will be asked to replace medication when it runs out or expires

\*Prescription medications can be given at school. Contact the Health Office

# Dismissals

- \*Fever equal to or > 100F. Student MUST remain at home until 24 hours BELOW 100F WITHOUT the use of antipyretic medication (Motrin, Tylenol)
- \*Actively vomiting or more than 1 episode of diarrhea (keep home until 24h free from either)
- \*Rash if skin is open or accompanied by another symptom
- \*Head lice (home for treatment)
- \*Uncontrolled cough or nasal secretions
- \*Pinkeye/Strep: Must have antibiotic treatment for 24h prior to returning to school. Must have MD note to return.
- \***Covid-Like Symptoms (see next slide)**

# Covid-Like Symptoms

**Please do NOT send your child to school if they have the following:**

- \*Fever (100 or higher), chills, or shaking chills
- \*Cough (not due to other known cause, such as chronic cough, should be documented on physical from MD)
- \*Difficulty breathing or shortness of breath
- \*New loss of taste or smell
- \*Sore throat, *when in combination with other symptom*
- \*Headache, *when in combination with other symptom*
- \*Muscle aches or body aches
- \*Nausea, vomiting, OR diarrhea, *when in combination with other symptom*
- \*Fatigue, *when in combination with other symptom*
- \*Nasal congestion/runny nose (not due to other known causes, such as allergies, *when in combination with other symptom*)

Chronic conditions should be documented on physical from MD.

# Return to School

If your child is dismissed with Covid-like symptoms, there are 3 options:

1. Remain out of school for 10 days from symptom onset
2. Provide a negative Covid test and relief from symptoms
3. Note of clearance from a health care provider and specific documentation that the illness is not Covid related

All students with fevers MUST be fever free for 24 hours WITHOUT the use of fever reducing medicines.

No weeping rashes

24 full hours of antibiotic therapy for pinkeye/strep throat

Tolerate several small meals after vomiting

No active diarrhea

\*If your child has a chronic condition that causes any abnormal symptoms, please provide documentation from their healthcare provider to reduce the number of Health Office visits

# Close Contact

\*Close contacts are defined as individuals who have been within 6 feet of a Covid-19 positive individual, while indoors, for at least 15 minutes during a 24 hour period.

Close contacts who are exempt from testing & quarantine are the following:

\*Classroom close contacts: Only applies if BOTH students were wearing masks and were at least 3 feet apart

\*Bus close contacts: Only applies if BOTH students were wearing masks and windows are open

\*Individuals who have tested positive for Covid-19 in the last 90 days. Must have resolution in symptoms and be recovered. Must provide documentation.

# Vaccination Status

\*\*Parental vaccination status bears NO weight on student having to quarantine and test if symptomatic or a designated as a close contact\*\*

# Health Office Visits

\*1 student in the Health Office at a time

\*Minor issues will be handled in the classroom (paper cuts, loose teeth)

\*ALL symptoms reported will be taken seriously. If your child has been known to report symptoms to avoid unfavored activities, please discuss this with your child's teacher

My goal is to keep students in their classroom! The Health Office should only be used for sick student evaluation. Every healthy student that comes unnecessarily potentially exposes themselves, their peers, and their families to germs they may encounter



# Injuries/Surgeries/PE Exemption

\*If your child has an injury (broken arm, etc.) they need a physician's note to return to school as well as a detailed description of the restrictions for the student.

\*If your child is having surgery (emergency or scheduled) they also need a note to safely return to school with any restrictions

\*If your child should need medication temporarily, this can be done in the Health Office

# Mandated Screenings

\*Vision: ALL GRADE LEVELS

\*Hearing: K-3

\*BMI: Grades 1 & 4 (can opt out)

\*Postural/Scoliosis: Grade 5 (can opt out)

Routine Screenings for head lice will NOT be performed

**ALL opt outs must be provided in writing**

# Grade 4 Families

District regulations require an updated Physical Exam (PE) for any child entering:

Grade 4

# Allergies

Please inform the school nurse if your student has allergies that require ANY medication at all, such as:

Benadryl

Zyrtec/Claritin

Epinephrine

# Contact Me

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